**Meet Ellie Squire, Assistant Director of Eagle’s Wing**

My name is Ellie Squire, and I am one of the new assistant directors at Eagle’s Wing Child Care and Educational Programming. I am originally from Wisconsin and am a proud alumnus of UW-Madison. I earned my undergraduate degree in elementary education here in 2004, and went on to teach kindergarten in two local school districts for 10 years before finding my way to Eagle’s Wing. I became a teacher in the HaNeul room in 2015 and quickly fell in love with the program, the teachers, and the University Apartments community.

I earned my master’s degree in Educational Leadership in 2011, so when there was an assistant director vacancy, it was a natural step and a great opportunity for me. I am passionate about the importance of high quality, developmentally appropriate early childhood education, and I look forward to supporting the teachers and families at Eagle’s Wing. I am so proud of our inclusive, anti-bias approach and I can say without reservation that this is a great place for kids to be. In my role, I will primarily be supporting the preschool and school-age classrooms, and I am the enrollment coordinator for the center as a whole.

When I’m not at work, I love spending time with my kids, Sam (6) and Lucy (4), and the rest of my family. I like being outside and try to take advantage of all that Madison offers in this regard. Please stop in or email me at ellie.squire@housing.wisc.edu at any time! I look forward to working with you.

**Meet Cindy Rosas-Bridges, Assistant Director of Eagle’s Wing**

My name is Cindy Rosas-Bridges and I am one of the new assistant directors at Eagle’s Wing. I grew up in Madison, WI and started working at Eagle’s Wing as an Assistant Aide while in high school. I attended UW-Madison as a student-parent while my daughter attended Eagle’s Wing and loved it. Throughout college, I interned at Eagle’s Wing, worked as a student hourly and, after graduation, was hired on and worked as an Early Child Educator for 15 years. I have a partner who is a firefighter in Madison, and three children ages 17, 11 and 5.

I love spending time outdoors, with family, and reading. I love being with children in general, and I love the community and diversity here in UA. I am so blessed to work with such an amazing team of teachers and watch so many families grow over the years, see the children grow, and share stories with each other.

This is a very special place and it is a rare gem in the stone. The community, teachers, staff, etc. in UA are what keep me dedicated to working for them for all these years.

---

**INSIDE THIS ISSUE:**

- Family Preparedness . . . 2
- February Events . . . . . . . . 3
- Contact Us . . . . . . . . . . . . . 4

---

**TAPINGO DELIVERY SERVICE NOW OPEN to UA!**

Starting February 5, anyone on campus, including UA residents, will be able to conveniently order University Housing food for delivery using the Tapingo app. Food can be delivered anywhere up to a mile from campus, including all of UA. Most items from all of University Housing’s six dining locations will be available for ordering online. You can even pay with your Wiscard account to receive a 5% discount on food. There is a delivery charge of $3.99 per order. Visit [https://www.housing.wisc.edu/dining/](https://www.housing.wisc.edu/dining/) to learn more about online ordering, and download the free Tapingo app from the App Store or Google Play.
According to a study in American Psychological Association, trusting a total stranger may have more to do with a feeling of moral obligation or showing them respect than actually believing the stranger is trustworthy. Often we choose to trust someone to avoid making them feel bad or cause a conflict, rather than relying on our own judgement. “Trusting others is what people think they should do, and emotions such as anxiety or guilt associated with not fulfilling a social duty or responsibility may account for much of the excessive trust observed between strangers every day,” says David Dunning, PhD at Cornell University and leading author of the study.

What is trust? Trust is a firm belief in the reliability, truth, ability, or strength of someone or something. Trust is a confident reliance on someone or something when you are in a position of vulnerability. Some people find it easy to trust, some people find it very difficult. A lot of it depends on past experiences and culture.

We all must take the time to make good decisions when it comes to trust. A stranger or new acquaintance asks to meet with you to help you with your homework or for you to help with theirs. An email says you will win a prize if you just take a survey by clicking on this link. An online ad on Craigslist, Facebook, or WeChat is offering you a deal that does not seem right or seems too good to be true.

Sometimes people or things just do not feel right. That is why it is important to stop and think. As stated earlier, we often trust someone or something because we think we should, it would be “rude” not to. Trusting someone or something is a decision you make, and you should not make it lightly. Decide what you think is right and what is a good idea, most importantly trust yourself. Possibilities, both good and bad, may result from your decision to trust someone or something, so do not make it lightly.
EVENTS THIS MONTH
CHECK OUT OUR NEW EVENTS CALENDAR AT WWW.HOUSING.WISC.EDU/RESIDENT/NEWS

SPECIAL EVENTS

Cooking Class - Indian Cuisine
Friday, February 16th, 6:00-7:30 pm
Community Center, Kitchen
This event requires sign-up.
Come learn how to make Indian cuisine. Sign up here. Do you want to teach this class in the future? E-mail us at UAEvents@housing.wisc.edu.

Kids’ Reading Day
Tuesday, February 13th and 27th, 6:30-7:30 pm
Community Center, Room 133
Reading day is intended for youth in lower elementary (K-4) and their guardians to come and enjoy some fun books and a small craft! Students from Aspiring Educators (formerly Student WEA), an organization on the UW campus, will be reading to the children. We will have engaging books, but feel free to bring your favorite! If you are unable to stay for the entire time, please join us for as long as you would like.
Residents can just show up! No sign up is needed.

WEEKLY EVENTS

As always, we have many events happening in the Community Center. See below for a listing of weekly events.

Open Gym happens daily in the large gym of the Community Center, between 9:00 and 5:45pm. This is a chance for residents, especially little ones, to play freely in the open space.
ESL is offered Mon- Fri from 9:00am-12:00pm. For more information, see here.

Tuesdays:
Soccer, 6-7:30 pm
Large Gym

Bulgarian Dance, 6:15-7:30 pm
Small Gym

Wednesdays:
Basketball, 6-7:45 pm
Large Gym

Insanity Workout, 6-7:30 pm
Small Gym

Thursdays:
Volleyball, 6-7:45 pm
Large Gym

Bulgarian Dance, 6:15-7:45 pm
Small Gym

Fridays:
Polish Classes, 9-10 am
Room 133

Yoga, 5:45-6:45 pm
Small Gym

Saturdays:
Zumba, 9:30-11 am
Large Gym

Insanity Workout, 9:30-10:30 am
Small Gym

SAVE THE DATE

FoodWISE Nutrition Classes
Tuesday, Wednesday and Thursday afternoons
Pre-registering for the class via email is required. Kazoua Moua, email: moua@countyofdane.com, phone 608-224-3644.
As a part of the University of Wisconsin Extension (UW-Extension), FoodWIse programming offers an evidence based nutrition class, Eating Smart and Being Active. The content of the curriculum is based on the latest research findings from the 2015-2020 Dietary Guidelines for Americans and MyPlate. This class is funded through federal grants and it is FREE for families with children that are 18 years and under. Each class is about 2 hours long and is designed to be taught in sequential order, building on previous lesson content. Activities include dialogue-based learning and hands-on activities. Lesson content includes physical activity, nutrition, healthy lifestyle choices, food preparation (cooking skill development), food safety, and food resources management.

American Red Cross Blood Drive
Monday, February 12 1-6 pm
Community Center, Large Gym
This event requires sign-up. We are excited to be working with the Red Cross again to host a blood drive in the Community Center. If you are interested in learning more about donating blood, including what happens to donated blood, the importance of blood diversity in the blood bank, and donor eligibility, check out their website.

Milwaukee Bucks Trip
Sunday, February 25
BMO Bradley Center, transportation provided from Community Center
This event requires sign up. We are heading to a Bucks game and still have 20 seats-claim yours soon. Click here for full event information and sign up.
CONTACT INFORMATION:

Rent a Community Center Room
https://housing.ems.wisc.edu
Do you have an upcoming event? The Community Center has space for you! The cost is more affordable than many other locations, and it is easy to find out what space is available, and how much it would cost. If you have a UW NetID, you will sign in with that. If you do not have one, there is no problem! Sign in as a guest!

Contact the Leasing Office
Leasing@housing.wisc.edu
Do you have a question for Peggy? Do you need to talk to Leasing for any reason? Email first! She will be able to answer your questions, or make an appointment for you. That way, you won’t be disappointed if she is already busy with other residents when you stop by.

Eagle’s Wing Child Care
EaglesWing@housing.wisc.edu
Do you have questions about child care in the Community Center? We welcome any and all questions, comments and suggestions. Based on the topic, your email will be forwarded to the right person to answer your question. To put your child’s name on a waiting list for Eagle’s Wing and/or other campus child care, you can do so at: www.housing.wisc.edu/EaglesWing

Request Repairs Online
If something in your apartment doesn’t work, let us know right away.
Repairs will be made even if you are not at home.

Night, weekend, and holiday repairs are only made in urgent situations. If you put in a repair request as soon as you notice a problem, it may keep the problem from getting worse at a time no mechanic is available.

When you need a non-emergency repair, use the Repair website. Only request one repair on each form. The Repairs webpage also has some instructions on small repairs you can make yourself.
www.housing.wisc.edu/apartments-maintenance-request

To Contact Resident Managers
A Resident Manager is on-call from 5:30 p.m. to 8 a.m. on weekdays, and 24 hours a day on holidays and weekends. No Resident Manager is on Duty at other times, when the University Apartments Office (in the Community Center) is open.

Due to problems with cell reception (sometimes the Resident Manager on Duty is in a basement) the most efficient and effective way to contact the Resident Manager on Duty is sending a text. Texts or calls should be placed to 608 - 444 - 9308.

Eagle’s Wing Child Care
EaglesWing@housing.wisc.edu
Do you have questions about child care in the Community Center? We welcome any and all questions, comments and suggestions. Based on the topic, your email will be forwarded to the right person to answer your question. To put your child’s name on a waiting list for Eagle’s Wing and/or other campus child care, you can do so at: www.housing.wisc.edu/EaglesWing

COMMUNITY CENTER OFFICE HOURS:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>7:45 a.m. to 5:45 p.m.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>7:45 a.m. to 5:45 p.m.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>7:45 a.m. to 7:45 p.m.</td>
</tr>
<tr>
<td>Thursday</td>
<td>7:45 a.m. to 9:00 a.m. / 10:00 a.m. to 5:45 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>7:45 A.M. to 5:45 p.m.</td>
</tr>
<tr>
<td>Saturday</td>
<td>9:30 a.m. to 12:30 p.m.</td>
</tr>
</tbody>
</table>

REQUEST REPAIRS ONLINE:

If something in your apartment doesn’t work, let us know right away. Repairs will be made even if you are not at home.

Night, weekend, and holiday repairs are only made in urgent situations. If you put in a repair request as soon as you notice a problem, it may keep the problem from getting worse at a time no mechanic is available.

When you need a non-emergency repair, use the Repair website. Only request one repair on each form. The Repairs webpage also has some instructions on small repairs you can make yourself.
www.housing.wisc.edu/apartments-maintenance-request

CONTACT US:

611 Eagle Heights
Madison, WI 53705-1501
608-262-3407
universityapartments@housing.wisc.edu

University Apartments
UNIVERSITY HOUSING
UNIVERSITY OF WISCONSIN–MADISON