# Spring 2024 Shared Learning Community Classes

## Forest Bathing Around the World: Theory, Business, & Practice (ILC)

Evidence continues to emerge that time in the woods is good for our physical and mental health. How do different cultures frame this engagement with nature? How do people in different countries package and promote it? We will explore these questions and experiment with different approaches ourselves on the Lakeshore Path.

Course #: INTL ST 110 - Section 1 Meets: Tuesdays, 4:30-5:20pm in Adams Residence Hall Credit: 1

# How Minds Change Around the World: The Go Big Read in Global Perspective (ILC)

Lots of influential psychological research comes from W.E.I.R.D. countries (Western Educated Industrialized Rich Democracies), which can skew results. How does this year's Go Big Read look when we pair it with research conducted in other parts of the world? Come ready to (re-)engage with these questions and this fascinating book.

Course #: INTL ST 110 - Section 2 Meets: Wednesdays, 5:30-6:20pm in Adams Residence Hall Credit: 1

#### Social Entrepreneurship (StartUp)

Want to make a difference with your business or organization? Interested in using entrepreneurial approaches to non-profit ventures? Register for our spring seminar and you'll learn how to create mission statements, assess social impact, and seek funding. You'll enjoy guest lectures, case studies, and connections to area social entrepreneurs.

Course #: MHR 321 Meets: Thursdays, 4:25-5:15pm in Grainger Credit: 1

## Multiculturalism and Social Justice (MLC)

This course investigates multiculturalism, the intersectionality of systems of oppression (race, class, gender, dis/ability, sexuality, etc.) and social justice in individual, societal, institutional and structural spaces. The MLC seminar examines multiculturalism from individual, societal, and institutional perspectives. You will learn about social justice, how identities shape an individual's outlook, as well as how this influences society, individual, societal, and institutional perspectives. You will learn about social justice and individual's outlook, as well as how this influences society, individual, societal, and institutional perspectives. You will learn about social justice, how identities shape an individual's outlook, as well as how this influences society. This course fulfills the Ethnic Studies Requirement.

Course #: AFROAMER 271 Meets: Wednesdays, 3:30-6:00pm in Witte Residence Hall Credits: 3

